



Sylvia Kurpanek's Educational Background

Academic Training in Law and Psychology

- Lawyer (Law degree from the Universities Würzburg and Passau, Germany and Pavia, Italy; 2nd State Exam at Higher Regional Court Munich).
- Organizational Psychologist (Master Degree in Industrial and Organizational Psychology from the University of Hagen, Germany).

Mediation

- Mediator (Degree in Mediation from the University of Hagen, Germany. Practical training with Adrian Schweizer, Ed Watzke, Josef Duss-von Werdt, Hans Schwartz)

Coaching

- Certified Systemic Coach at Metaforum International.
- Intercultural Coach and Trainer (Degree in Intercultural Training and Coaching from the University of Jena, Germany).

Reiss Motivation Profile® Master

- Reiss Motivation Profile Master with Prof. Steven Reiss in West Palm Beach, FL and Monika Janzon, Mönchengladbach, Germany.

Systemic Concepts and Constellation Works

- Systemic Constellation of Structures (SySt®) with Matthias Varga von Kibéd and Insa Sparrer at SySt Institut, Munich, Germany.
- Hypnosystemic Concepts for Coaching and Consulting with Gunther Schmidt at SySt Institut, Munich, Germany.
- Systemic Organizational Development and Organizational Consulting according to Trigon and SySt® with Julia Andersch and Oliver Martin at Metaforum International



- Coaching with the Inner Team with Friedemann Schulz von Thun at Schulz von Thun Institut für Kommunikation, Hamburg, Germany.
- Social Panorama Consultant with Lucas Derks at Metaforum International.
- Ego State Therapy with Woltemade Hartman at Intakkt, Krefeld, Germany

Solution-Focused Brief Therapy and Coaching

- Solution-Focused Coaching with Insa Sparrer, Louis Cauffman and Luc Isebaert at SySt Institut, Munich, Germany.
- Solution-Focused Brief Therapy with Yvonne Dolan at University of Wisconsin Milwaukee.
- Solution-Focused Business Professional Training with Mark McKergow at University of Wisconsin Milwaukee
- Solution-Focused Crisis Intervention and Psychotraumatology with H el ene Dellucci at SySt Institut, Munich, Germany.

Hypnotherapy

- Ericksonian Approaches to Brief Hypnotic Psychotherapy with Brent Geary and Jeff Zeig at the Milton Erickson Foundation, Phoenix, AZ.
- Mental Strengths - Mental Training for (Peak) Performance with Ortwin Meiss at Metaforum International.
- Core Competencies of Hypnotherapy und Age Regression Techniques with Dr. Henning Alberts at Metaforum International.
- Trance und Hypnotic Processes in Groups with Dr. Henning Alberts and Tom Andreas at Metaforum International.

EMDR, Energy Psychology, and Kinesiology

- EMDR (Eye Movement Desensitization and Reprocessing) at EMDR Akademie, Pocking, Germany.
- EMI (Eye Movement Integration) with Danie Beaulieu at Acad mie Impact, Montr al.



- PEP I-III (Prozess- und Embodimentfokussierte Psychologie) with Michael Bohne, Hannover, Germany.
- EFT (Emotional Freedom Technique) at SKE Schmidt, Berlin, Germany.
- Fred Gallo's Energy Diagnostic and Treatment Methods (EDxTM)TM with Brigitte Michaelis at Metaforum International.
- Touch for Health with Matthiew Thie, Aptos, California.
- BSFF Be Set Free Fast with Larry Nims, Phoenix, Arizona
- Certified Wingwave Coach and Trainer with Cora Besser-Siegmund at Besser-Siegmund Institut, Hamburg, Germany.
- Several Wingwave supervision and specialization courses at Rondo, Trier, Germany and Besser-Siegmund Institut, Hamburg, Germany.

NLP

- NLP Practitioner and Master Practitioner with Robert Dilts, Judith De Lozier and Suzi Smith at NLP University, Santa Cruz, California.
- Advanced Mastery Classes in NLP with Steve Andreas, Nick Kemp, Andrew T. Austin at NLP Comprehensive, Boulder, CO.
- Core Transformation with Tamara Andreas at NLP Comprehensive, Boulder, CO.

Communication and Other Trainings

- Zürcher Ressourcen Modell (ZRM) with Regula Finsler, Zürich, Switzerland
- The Art of Convincing with Laura Baxter at Metaforum International.
- Provocative Coaching with Martina Schmidt-Tanger at Metaforum International.
- Provocative Systemic Work with Noni Höfner and Charlotte Tracht at Metaforum International
- The Work of Byron Katie with Ralf Giesen at Metaforum International.
- Certificate in Human Resources Management from the University of California Santa Cruz, California.



PALO ALTO INSTITUTE
FOR SYSTEMIC COACHING

- Quality Auditor at the DGQ Deutsche Gesellschaft für Qualität, Frankfurt, Germany.